

Why Wash Hands?

WebQuest Description: Identify how germs spread, where germs live and how to get rid of them.

Grade Level: K-2

Curriculum: Health / PE

Keywords: Germs, Sick, Spread, Wash

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Introduction

Your hands have millions of germs that cannot be seen. Washing your hands is important to do everyday for kids and adults. You must wash hands before eating and after using the bathroom. Sneezing, coughing and blowing your nose is another reason to wash your hands because germs want to spread everywhere and get people sick.

Tasks

You will click on and watch the YouTube videos #1, #2 and #3. Then you will verbally discuss and list how germs spread, how to get rid of them and demonstrate how to wash hands appropriately. You will be able to recall from personal experience the steps to avoid germs from spreading and how to wash your hands.

Process

First: Click on the YouTube video #1 and watch. Then discuss how the germs were spread onto the table and where do they live. Second: Click on the YouTube video #2 and watch. Then discuss how we wash our hands to make sure the germs are gone. Third: Click on the YouTube video #3 and sing along with the hand-wash song.

Evaluation

Identifying how germs are spread, listing verbally where germs live, demonstration of how to wash hands appropriately and finally making a personal connection are the areas of evaluation.

Category and Score	Beginning 1	Developing 2	Very Good 3	Advance 4	Score
Identify how germs are spread.	Identify how they think they spread.	Identify 1 to 2 ways germs are spread.	Identify most ways germs are spread from the video.	Give personal examples of how germs are spread in their lives.	25
List where germs live.	List random areas.	List 1 or 2 places presented in the video.	List 4 or 5 places presented in the video.	List places from home, classroom or community that germs live.	25
Demonstrate how to wash hands appropriately.	Demonstrate basic steps: water, soap, wash and dry.	Demonstrate basic steps with hand movements to get a better wash.	Demonstrate most hand movements to get rid of germs.	Demonstrate the hand movements, paper towel use and time.	35
Make a personal connection about germs.	Express one personal connection about germs.	Express 2 personal connections about germs.	Express 3 or more personal connections about germs.	Express personal connections and examples from the community about germs.	15
				Total Score	100

Conclusion

You are Germ Smart now! You know how they spread. You know where they live. You know how to avoid getting sick. You know how to wash your hands to get rid of germs. Great JOB!!!!

Teacher Page

Students will identify different ways that germs are spread, list verbally where germs live and demonstrate how to wash hands correctly to get rid of germs.

Standards

The National Health Education Standards:1.2.1 Identify that healthy behaviors impact personal health. 1.2.3 Describe ways to prevent communicable diseases.2.2.1 Identify how the family influences personal health practices and behaviors. 2.2.2 Identify what the school can do to support personal health practices and behaviors.5.2.1 Identify situations when a health-related decision is needed.

Credits

Other