

The New Food Pyramid

WebQuest Description: To teach kids how to choose healthy nutritious food.

Grade Level: K-2

Curriculum: Health / PE

Keywords: food pyramid, health food, nutritious

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WebQuest URL: <http://zunal.com/webquest.php?w=39634>

Introduction

The fantastic four needs your help. They need energy for their basketball game, and don't know what healthy foods to eat. Can you help them find foods that will give them energy?

Tasks

Learn more about healthy foods by playing the internet game. Then doing the work sheet after you finish the webquest.

Process

Each child will be divided in to four groups. Each group will use the internet to play the online food pyramid game. Then each kid will be given a worksheet to do on their own. Each kid will also be given a color worksheet to take home and share what they learned with their parents. Food Pyramid Game <http://www.dairycouncilofca.org/tools/mypyramid/>

Evaluation

Category and Score	Beginning 1	Developing 2	Very Good 3	Exemplary 4	Score
Students will be graded on knowledge of the food pyramid, how well they played the game, and how they did the worksheet.	Did not understand the food guide pyramid.	Struggled with the understanding of the food guide pyramid.	understood the assignment but struggled with the concept.	Understood the assignment and the concept of the food guide pyramid.	%50
Students will be graded on group participation.	100% group participation.	Completed worksheets.	Completed worksheets on time.	Completed worksheets on time with 90% accuracy.	%50
				Total Score	%100

Conclusion

Good Job! Now you and the Fantastic Four know what kinds of healthy food they need to eat so they will have the energy they need to play all day

Teacher Page

My name is Erin Downey. My webquest is called The New Food Pyramid and it is about teaching kids from kindergarden to 2nd grade about eating healthy. My webquest will teach kids about the food groups on the food pyramid, and where to place what food into the correct group. It uses Illinois Learning Goals 22 A 1.b and 23 B. <http://www.dairycouncilofca.org/tools/mypyramid/>

Standards

Credits

Other