

Proper Hand-washing Techniques

WebQuest Description: This is a WebQuest intended for Kindergartners to teach them the proper techniques of hand-washing.

Grade Level: K-2

Curriculum: Health / PE

Keywords: hand-washing, kindergarten

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Introduction

Do you know how to wash your hands? What about how to wash your hands and have fun while at it? If you are looking for a fun way to teach your kids or students how to properly wash their hands, this may be the WebQuest for you.

Tasks

The student will be able to tell you when it is necessary to wash their hands with 100% accuracy. I should wash my hands before eating or touching food. I should wash my hands after eating or touching food. I should wash my hands after I use the bathroom. I should wash my hands after coughing, sneezing, or blowing my nose. I should wash my hands after playing outside. I should wash my hands after touching a pet or other animals. I should wash my hands before seeing a sick friend or family member. I should wash my hands after seeing a sick friend or family member.

The student will be able to tell you why they should wash their hands with 100% accuracy. I should wash my hands so I don't get sick. I should wash my hands so others don't get sick. I should wash my hands so I can stay clean.

The student will be able to tell you step-by-step how to effectively wash their hands with 100% accuracy. I get my hands wet under warm running water. I rub soap to make a lather. I spread it all over my hands, while singing a song about hand-washing. I rinse my hands under warm running water. I dry my hands with a paper towel and then turn off faucet.

The student will be able to demonstrate step-by-step how to effectively wash their hands with 100% accuracy.

Process

I get my hands wet under warm running water. I rush soap to make a lather. I spread it all over my hands, while singing a song about hand-washing. At the end of the song, I rinse my hands under warm running water.

1. Color worksheets containing the hand-washing steps, when you should wash your hands, and the results of what happens when you don't.

<http://www.stjude.org/stjude/v/index.jsp?vgnextoid=8a95e64c5b470110VgnVCM1000001e0215acRCRD&vgnnextchannel=f701adfdadf64110VgnVCM1000001e0215acRCRD2>.

Sing a song about hand-washing. "This is the way we wash our hands, wash our hands, wash our hands, all through the day. This is the way we lather and scrub, lather and scrub, lather and scrub. This is the way we lather and scrub, all through the day. This is the way we rinse and dry, rinse and dry, rinse and dry. This is the way we rinse and dry, all through the day."

3. Practice hand-washing with a friend telling them exactly how to do it. Then switch.

Evaluation

Category and Score	Unsatisfactory	Satisfactory	Good	Excellent	Score
The student will be able to demonstrate step-by-step how to effectively wash their hands with 100% accuracy.	Can demonstrate each step of hand-washing with 25% accuracy.	Can demonstrate each step of hand-washing with 50% accuracy.	Can demonstrate each step of hand-washing with 75% accuracy.	Can demonstrate each step of hand-washing with 100% accuracy.	%75
Listens and follows to instructions prior to demonstration.	Does not listen to or follow instructions.	Listens to and follows some of the instructions.	Listens to and follows most of the instructions.	Listens to and follows all of the instructions.	%25

