

## Suicide Prevention Training

**WebQuest Description:** Understanding and preventing suicide in an acute care psychiatric facility is a priority for nurses. This WebQuest will assist you in learning suicide prevention strategies, suicide prevention screening tools, and understanding risk factors for a suicide attempt. This program is intended for Post-Licensure nurses (RN, BSN, MSN, PhD) providing direct patient care.

**Grade Level:** College / Adult

**Curriculum:** Science

**Keywords:** Suicide Training, Suicide Prevention, Suicide Assessment, Suicide Screening, Risk Factors for Suicide, Acute Care Psychiatric Nursing.

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### Introduction

Introduction Do you feel competent in assessing a patient's risk of suicide, or the tools to screen for suicide in your workplace? Nursing staff have a responsibility to be informed regarding suicide risk and assessment. By learning about suicide risk factors and the tools to screen for suicide, nurses can participate in the improvement of: risk management and reduction, patient safety, reduction of liability insurance costs, and fulfilling regulatory requirements for your place of employment. The screening tools you will observe have been shown effective in the reduction of preventable patient suicide. These tools give nurses a framework of best practice to avoid a suicide attempt. Having staff nurses show competence in understanding the risk factors for suicide and preventative strategies will make organizations safer for patients and staff. The following WebQuest training program will assist you in learning important components of suicide risk assessment. Contact Information Instructor: James Green RN, BSN Email: Jgreen34@comcast.net Phone: 713-741-4959 (office) Address: 2800 South MacGregor Way, Houston, Tx. 77021

### Tasks

Overview of Assignment Nursing staff will be randomly paired into groups of three. Nursing staff will have access to a computer lab where they will view videos, read research-based documents, and review three case studies dealing with patients at risk for a suicide attempt while in an acute care setting. After all material has been reviewed, staff will develop a group list of their suggested suicide prevention strategies and their rationale for use. This list will be sent to the instructor by Email for review. The group will then decide which suicide prevention screening tool would be the best choice for their current place of employment (Acute Care Psychiatric Facility). Staff will then work as a group to decide which of the three case studies has a patient with the highest risk for suicide using their chosen suicide screening tool and provide their rationale. The students will present this case to their peers in a lecture room using PowerPoint and an overhead projector. Grades will be assigned by a Nurse Educator using a Rubric will be given to staff at the beginning of the program. As a learner you will benefit from this assignment through collaboration, teamwork, development of critical thinking, development of clinical judgment and the ability to implement strategies to improve your patient's safety. Have fun and make your presentation creative! Time Allotted for Assignment Completion: There will be two 2 hour sessions which take place in the computer lab for audio/video review by staff. The Case Study group presentation with PowerPoint is to last no longer than 15 minutes including question and answers from peers and instructor. Learning Outcomes 1) By the end of this unit of instruction, the staff nurse will be able to develop a list of ten suicide prevention strategies that are supported by current research and provide rationale for their choices. 2) By the end of this unit of instruction, the staff nurse will be able to recommend a suicide prevention screening tool for nursing staff in an acute care psychiatric facility and provide the rationale for their choice. 3) By the end of this unit of instruction, the staff nurse will be able to predict the patient with the highest risk for a suicide attempt while in hospital from three case studies provided and the rationale for their choice.

### Process

Phase 1: For each individual staff member. Below are links to videos, literature and resources that will help you develop your list of ten suicide prevention strategies as well as deciding which suicide assessment screening tool would best fit your acute care psychiatric facility with rationale. You will forward your list and screening tool choice to the instructor for review. Phase 2: You will be randomly assigned three Case Studies dealing with suicide, as well as two partners. You and your partners will now review three Case Studies and apply the information learned to choose the patient you feel had the highest risk for suicide. Your group will make a detailed record of the rationale for your choice. Phase 3: You and your partners will develop a PowerPoint Presentation which accurately gives an overview of the case study, risk factors for suicide, what prevention strategies could be employed with supporting evidence, an overview of how you would use a suicide screening tool you have developed. You will have 15 minutes to present your presentation to peers. Each group member is actively encouraged to take part in the actual presentation of the material. You will be evaluated by a scoring Rubric which is available for viewing in the, 'Evaluation' link on this site. The presentation should be engaging, and creative. Be prepared to take questions from instructor and peers at the conclusion of your presentation.

# Evaluation

The evaluation of the group presentation with your partners will be based on the Rubric located below. Evaluations are based on understanding of content, and presentations should be creative, engaging, and insightful. The following rubric will show you your expected grades.&nbsp; Points are awarded for performance in each category. Beginning =5 point, Developing = 10 points, Very Good = 20 points, Exemplary = 25 points. Total score will be the total from all 4 categories. Grade: A (21-25 points) B (11-20 points) C (6-10 points) D (0-5 points)

Category and Score	Beginning 5%	Developing 10%	Very Good 20%	Exemplary 25%	Score
Develops a ten item list of suicide prevention strategies that are supported by current research.	Does not accurately describe 10 suicide prevention strategies or give accurate rationale.	Partially describes 10 suicide prevention strategies with little to no rationale.	Fully and clearly describes 10 suicide prevention strategies providing rationale.	Expertly describes a list of 10 suicide prevention strategies providing significant rationale and details surpassing expectations.	0
Recommend one of the provided suicide prevention screening tools for nursing staff in an acute care psychiatric facility with rationale.	Does not recommend one of the provided suicide prevention screening tools or provide rationale.	Partially recommends one of the provided suicide prevention screening tool and gives limited rationale.	Fully and clearly recommends one of the provided suicide prevention screening tools and gives adequate rationale.	Expertly recommends one of the provided suicide prevention screening tools with clear and concise rationale for selection.	0
Predict which patient (three case studies) has the highest risk for a suicide attempt while in hospital and support decision.	Does not predict the patient with the highest risk factors for suicide attempt or risk factors for patient chosen.	Partially predicts suicide risk factors for patient chosen, but does not fully support decision..	Fully and clearly predicts suicide risk factors for patient with highest risk for suicide and supports decision.	Expertly predicts risk factors for patient with highest risk for suicide and supports decision with literature presented in the program.	0
Present assigned Case Study on suicide risk to peers.	The media presentation did not cover all required parts of the case study assigned.	The media presentation demonstrates partial coverage of case study assigned.	The presentation demonstrates understanding of case study assigned. Media is creative.	The presentation demonstrates mastery of assessment of the suicidal patient, the use of the suicide assessment tool, and the potential of patient harm. Media is creative. Presenters were engaging and insightful.	0
				Total Score	

# Conclusion

Discussion Forum: You have now completed the WebQuest training, "Suicide Prevention Training." Please reflect back on your understanding of the goals you were assigned and take time to review the case studies presented by your peers. Your instructor has supplied all staff with a link to a, "Group Discussion Area," where all staff are to write an entry on what they have learned from taking this program and how they can use the information to improve suicide assessment and screening in their workplace. Conclusion: Please go to the provided audio/video and literature links regularly to check for updates. These suicide prevention strategies can help you to reduce preventable harm in your patient population. Please help in making your place of employment better prepared to assess the risk of suicide.

# Teacher Page

## Teaching

Style: Learner –Centered with an emphasis on collaboration, communication, critical thinking, clinical judgement, and use of technology. Students are encouraged to utilize teamwork and inference making. Equipment

Needed: Teaching environment should include access to computers, Microsoft Office software, and A/V Projector. Time Needed: This exercise requires 4 hours 15 minutes for completion.

## Standards

## Credits

## Other