

NO to Smoking

WebQuest Description: This WebQuest is designed to help students learn about the negative/danger effects of smoking.

Grade Level: 6-8

Curriculum: Health / PE

Keywords: Smoking, effects of smoking, prevent

Published On:

Last Modified: 2017-03-11 08:57:55

WebQuest URL: <http://zunal.com/webquest.php?w=346574>

Introduction

Like most people, you already know that smoking is bad for your health. But do you really understand just how dangerous smoking really is? In our society today smoking is the leading cause of preventable death today. Smoking has been known to cause cancer and many other health related problems with individuals who smoke. Thus, it is advisable not to light that first cigarette. Live with the principle: "Be smart, do not start!" Stay healthy and enjoy learning!

Tasks

1. Answer the 3 big questions that are related to our topic for today. 2. Create an advertisement/poster warning others not to smoke/to stop smoking. You will explain the poster during your presentation. Just visit on the evaluation to know the rubrics of making your advertisement/poster.

Process

Task 1: On the task 1, it is an individual work. You will answer 3 Big Questions and you will write it in your notebook. So these are the questions: 1. What is smoking? Is it good or bad to our health? 2. What are the strategies or ways to prevent and control the use of tobacco products like cigarettes? 3. What are the effects of smoking in our health? and why is it important to know the effects of smoking? Discuss. **Task 2:** Advertisement On the task 2, it is a group work composed of 3 members each. You can freely choose your group mates. You will use our classroom supplies (crayons, marker, pastel, ruler, pencil) to create an advertisement/poster convincing students to STOP smoking/NOT to use the cigarette. The poster must contain a slogan or a title in no more than ten words, but should use strong visual images to express your point. The links below will help you to know more about smoking and its effect on health.

Evaluation

This activity will be graded into two parts: Essay and Advertisement/Poster.

Category and Score	Very Good	Good	Fair	Poor	Score
Essay	Well organized and has a clear thought. Has a focused throughout. Has filled up the necessary information needed.	Has a clear idea but not well explained has missed 1-2 information, mostly has a focus throughout.	Lacks of details to support the idea. Sometimes losses focus and has missed 3-4 information.	Unorganized and unclear idea. does not have a focus. and has missed 5-6 information.	10
Advertisement/ poster	Details and graphics on the poster capture the important information about the topic and increase the audiences understanding. The poster is exceptionally attractive in terms of design/drawing, layout and neatness.	Details and graphics on the poster capture the important information but the audience may need more information to read truly. The poster is attractive in terms of design/drawing, layout and neatness.	Details and graphics on the poster relate to the topic but are too general or incomplete. The audience needs more to understand. The poster attractive though it may be a bit messy.	Details and graphics on the poster have little or nothing to do with the main topic. The poster is distractedly messy or very poorly designed.	20
				Total Score	

Conclusion

Cigarette is a gateway drug. Gateway drugs open doors for a non-drug user to try and experiment on more dangerous and illegal drugs. Despite the total ban on cigarette advertisements, more and more Filipinos including teenagers are getting hooked on this vice. Cigarette was not new to the old world. American-Indians smoked during rituals and special occasions. The tobacco plant *Nicotiana Tabacum* is the commercially recognized source of cigarettes nowadays, Nicotine is the addictive substance found in tobacco products. Cigarette smoke is known to contain more than 4,000 chemicals which have NO health benefits. Some of the effects or dangers of smoking are bad breath, body odor, heart diseases, hypertension, chronic obstructive pulmonary disease, and cancer. The three kinds of smoke produced by cigarettes are mainstream smoke which is the smoke inhaled by smokers, side stream smoke which is inhaled by non-smokers, and third hand smoke which stays on bed sheets, clothes, and other objects. All of these are dangerous. After reading and gaining knowledge and information about the dangers of smoking, the decision whether to smoke or not lies in your hands. Think of your future and your family. Think of your environment, your community, and your country. Apply what you have learned from this lesson and you can never go wrong in your decision. KEEP A HEALTHY LIFE ! :)

Teacher Page

Standards

Credits

Other