



Category and Score	Excellent	Very good	Good	Poor	Score
Understand	students understand and participate greatly in the discussion.	students understanding were good as it relates to the discussion	students understand in most aspect of the discussion.	students showed little understanding with regards to the discussion.	25
Involvement	students were actively involved in the discussion.	students were engaged in the discussion.	students showed interest in the discussion.	students showed little interest in the discussion.	25
				Total Score	100

## Conclusion

It can be concluded that the food Pyramid will help one to choose what and how much to eat from each foodgroup to get the nutrients you need and not too many calories, or too much fat, saturated fat, cholesterol, sugar, sodium, or alcohol. Thank you for your participation i know the information and task was meaningful and you have done well.

## Teacher Page

**Standards**

**Credits**

**Other**