

The Sport Of Baseball

WebQuest Description: One of the most popular sport around the world. A sport that you will never know who is the winner until the 27 out if made. There are several rules and activities to be able to enjoy the game.

Grade Level: 3-5

Curriculum: Health / PE

Keywords: Baseball, sport

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Introduction

Baseball is an offense/defense bat-and-ball team sport. Baseball, like softball, is unlike most other competitive sports in that the defense is given control of the ball. The number of players on the field at any given time is lopsided heavily in favor of the defense, which always has nine players on the field, while the offense has between one and four. Each team assigns nine defensive players on the field of play to face the other team's (the "opponents") players who are engaged in batting and base-running. Baseball will be played by 7 inning or 9 innings (pro). The team with the most runs at the end of the game will be the winner. From Alexander Cartwright to Derek Jeter, some of baseball's most important figures have ties to the Garden State. Alexander Cartwright is the father of baseball. In 1845, he developed the basic rules of the game as we now know it. On September 23, he organized the Knickerbocker Base Ball Club of New York. The members of the club traveled to Hoboken to practice the game under his new rules at Elysian Fields. On October 6, 14 members of the Knickerbocker Club took part in the first baseball game. The two sides battled for three innings with Cartwright's team losing 11-8. (Box Score) Between October 6 and November 18, the club played at least 14 more intrasquad games in Hoboken. With some practice behind them, the Knickerbockers were ready for their first game against a rival team. On June 19, 1846, at the Elysian Fields, baseball was born. The New York Nine annihilated the Knickerbockers 23-1 in four innings. However, things were not as bad for the Knickerbockers as they appeared. Most of the New York Nine's players were originally Knickerbockers who did not like to travel to Hoboken for practice. Americans began playing baseball on informal teams, using local rules, in the early 1800s. By the 1860s, the sport, unrivaled in popularity, was being described as America's "national pastime."

Tasks

The goal of the game is to score more points (runs) than the other team. The players on the team at bat attempt to score runs by circling or completing a tour of the four bases set at the corners of the square-shaped baseball diamond. A player bats at home plate and must proceed counterclockwise to first base, second base, third base, and back home in order to score a run. The team in the field attempts both to prevent runs from scoring and to record outs, which remove opposing players from offensive action until their turn in their team's batting order comes up again. When three outs are recorded, the teams switch roles for the next half-inning.

Process

Basics about Baseball: 1- Hitting - <http://www.wikihow.com/Hit-a-Baseball> Gives you every step on how to hit a baseball and tips. 2- Catching - <http://www.livestrong.com/article/512840-five-stages-of-catching-baseball/> Step by step on what to do in the moment of fielding a baseball from easy to hard. 3- Throwing - <http://www.livestrong.com/article/412974-what-are-the-steps-to-throwing-a-baseball/> Tips on how to throw the baseball correctly to the target wanted. These are the three most important things that any baseball player will be using in a game and the basic of the game.

Evaluation

Almost every of the famous baseball player that use to play and are still playing had to be evaluated sometime in order to keep improving in their game. Even before of playing the game they had to pass some evaluation to see what thing where doing correctly. Here will be the best way to evaluate a baseball player and what things they should be doing correctly. At the same way this will be good for the player because they will know what to do in order to give a good performance. 1- Hitting Grip: In the moment of hitting player need a good grip to hold the bat and don't fly when you do the swing. Tip- Bath hand together, one on top of the other depending the type of hitter. If you area lefty, the left hand will go on top of the right one and the opposite for the right handed hitter. The best grip will be using part of the palm of you hands and fingers it will prevent wrists injuries. 2- Batting stance Your hand should be at the level of your back shoulder and both elbows down. The bat cannot be behind your head it will be very difficult to hit and not the correct stance. Your feet's should be at the same level as the shoulders and knees a little bend down. Tip- You can

put the bat first at your shoulder to see where it should go and then lift it up to be ready to hit.3- SwingBoth hands will start the swing and end the swing. The correct way is to hit the ball with both hands.Tip- Have good balance using feet's and hands in order to give a good swing. 4- FieldingUse your glove every time. If it is a ground ball you knees should be bend down and your hands and glove in front of you and on the ground. Your hands should not be under your legs that way you will loose the ball. Tip- Trace a triangle on the ground and in the side corners you will place your feet's and in the front corner there will go your glove.A fly ball you need a good feet positioning and glove in the air in front of you. Don't put your glove in front of the face or you will loose the ball or the ball will hit you. 5- ThrowingThe first thing is to get a good grip of the ball in order to give a good throw. Your hand should be up and back of your head to perform a strong throw. Use your glove has a target, you will pick the target when you are going to throw using you glove hand. Tip- Think as a catapult mechanism is almost the same movement.

Category and Score	Not Follow Instructions	Need Improvement	Very Good	Excelent	Score
Hitting Grip					
Batting Stance					
Swing					
Fielding and Throwing					
				Total Score	16

Conclusion

This sport for many people it is boring or to difficult to understand. But as soon as you get involve on it i will be something very different. This sport will be one of the greatest sport on America and in the whole world. The best thing this sport is suitable for any age and any person. I can be play with friends, families, college level and the biggest sport even the professional way the "Major League Baseball". So kids if you like the game keep playing it and practice a lot in order to get better and even try to be a professional baseball player.

Teacher Page

Standards

Credits

Other