

## Athletic Training ED514

**WebQuest Description:** How to deal with minor injuries during sports participation

**Grade Level:** College / Adult

**Curriculum:** Health / PE

**Keywords:** First Aid, Athletic Training, Sports, Weight Lifting

**Published On:** 2012-02-25 17:58:10

**Last Modified:** 2012-02-24 12:17:55

**WebQuest URL:** <http://zunal.com/webquest.php?w=137058>

### Introduction

The scenario plays out like this. You are a athletic trainer and are at football practice during a full-contact&nbsp;intrasquad and during the duration of one of the plays a player is injured. The player was injured by his right foot planting in the grass and his body twisting the other way. The injured player now has a minor ankle sprain and needs his ankle to be stabilized. How would you stabilize the players ankle?

### Tasks

Your task is to be able to identify the ankle injury by communicating with the player. After you are able to identify the ankle injury. We are going to look at a couple of different resources on how to stabilize the ankle and help prevent increasing of the sprain.

### Process

The learner will now use these different resources that I have listed to get a better idea of how to stabilize a sprained ankle.-National Athletic Trainers Association-First Aid&nbsp;-The University of Texas Athletic Training program&nbsp;

### Evaluation

Category and Score					Score
				Total Score	

### Conclusion

Once the learner has exhausted all resources on how to stabilize a sprained ankle, he or she will then use the one that is easiest for them to accomplish

### Teacher Page

**Standards**

**Credits**

**Other**

