

Bullying in Physical Ed.

WebQuest Description: Students will be able to introduce the concepts of bullying and violence during the time of physical education. They will learn to stop the bullying and learn how to address the issues before it gets out of hand. Sunshine State Standards: LA.3.1.7.7, 3.2.1.6, 3.3.5.3

Grade Level: 3-5

Curriculum: Health / PE

Keywords: Bullying, Victim, Bystander, Decision-Making, Conflict, Violence, Triggers, Disagreement, Compromise, Tolerance, Self-Esteem.

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WebQuest URL: <http://zunal.com/webquest.php?w=134239>

Introduction

When it comes down to bullying, you are either: the bully, the victim or the bystander. What role do you play? Bullying starts off very simple like when a person starts to pick on other people just because they want to, they are smarter, they are bigger and they are even low in self-esteem. In many schools, there are many victims who do not know what to do because the bully is always in their conscious. Then, there are the ones who are called the bystander who do nothing but watch and let things get out of proportion instead of stopping the situation. During this lesson, you will know why it is very important for you to not bully anyone and the consequences that the victim will encounter. You will get into groups and discuss your experiences with bullying and then do individual assignments dealing with the Characters in Conflict and other types of activities giving a 2-5 minute demonstration of the issue. With multiple hands-on activities, interacting in group discussions and group presentations, you will have the knowledge, the confidence, the understanding, the mentality and the courage to know the importance of why you should STOP bullying and how to help make changes in other students' lives. Before we start the lesson, you will have a quick bullying questionnaire to answer. This feedback will let me know your prior knowledge on the subject matter and if you have encountered any bullying situations.

Tasks

You will be able to picture yourself being in the victim's shoes and to figure out how to resolve the situation. Then, you will be assigned in small groups to perform a 2-5 minute demonstration on bullying. Also, you will watch two video clips just below to get ideas on how to resolve bullying and why bullying is not "Cool". After the video clips are done, you will be able to look at a handout provided to show you the Cycle of Bullying and what happens in the cycle and how it is started.

Process

1st Step- Gather into groups assigned and then discuss to each other if you have been a victim, how you solved the problem and how it affected you. 2nd Step- Complete the individual activity assignment provided "Characters in Conflict" by filling in the victim's name, the bully's name, the bystander's name, the place, the conflict and how you solved the issue. Then, write on the lines a brief paragraph of how you can prevent and stop bullying from happening and the consequences it brings into the victim's life. 3rd Step- Complete Handout #2, "This is What Triggers Me...". This handout activity is where you will learn a little about yourself by seeing what things causes you to get easily triggered especially when someone else like a bully tries to push you to your limits and cause you to get mad very easily. 4th Step- Complete Handout #3, "Hypothetical Bullying Scenarios". This handout activity gives real life situations that you may encounter at school in the hallway or in the classroom. Think critically about each scenario like if it happened to you and explain in details what you would do in each situation. 5th Step- Complete Handout #4, "Bullying". In this handout activity, you will look at the pictures provided and with the vocabulary that goes with the pictures and label the words into the 3 categories listed. 6th Step- Complete Handout #5, "Conflict Vs Bullying". This last activity is where you will look at each statements on the handout and write whether it is considered bullying or a conflict and explain why. 7th Step- After completing all 5 assignments, the brief questionnaire and watching the two videos, get into your assigned groups and share ideas on how to do a presentation on the "Characters in Conflict" handout. Think about how you would react if you ever got caught in this bullying situation and how to solve the problem without anyone getting hurt. This requires critical thinking strategies. 8th Step- At the end of the presentation, you will tell me your feedback based on your friend's and your personal experience of what, how and why your willing to STOP and make a change in school Bullying.

Evaluation

Follow this Rubric carefully to see how your grades are being determined when doing your assignments, presentations and performing your tasks individually and in groups.

Category and Score	Poor - 1 pt	Satisfactory - 2 pts	Very Good - 4 pts	Excellent - 5 pts	Score
Attendance & Attentive.	Present but not paying any attention to the lesson, clowning around and disrupting class.	Present, listening and following the rules.	Present, paying attention, interested in the assignments and giving feedback.	Present, very focused in the lesson, listens well and participates in all required assignments.	5 points
All Assignments Must Be Completed.	Missing a lot of information, grammatical errors, very unclear, messy and late work.	Not enough detail, consistency in subject, little grammatical errors and on-time with work.	Neat work, clear information, no grammatical errors and turn in work on-time.	No grammatical errors, very neat work, on-time, very clear and precise in information. A very hard worker.	5 points
Working & Participating in Groups.	Not participating in the group, lacking interest in the discussions and very disruptive.	Participating in the group discussions, giving some feedback and communicates with group members.	Working with the group, is focused in the group discussions, shares ideas and communicates well.	Group Leader, gives great ideas, always participating, very interested in the discussions and communicates very well.	5 points
Presenters & Group Presentation.	No eye contact with audience, presentation very distracting and have too much going on and lacking important information.	Not speaking loud enough, stutters a bit, eye contact with audience, good information, clear details and gets the class interested.	Speaks great, good eye contact with audience, gets point across, entertainment is good enough and clear with accurate details.	Outstanding Presentation: Great eye contact with audience, keeps audience entertained, loud speaking voices, good postures, great hand movements, speaks professionally, presents with confidence and most importantly, gets the point across.	5 points
				Total Score	20 points

Conclusion

Congratulations on participating in doing some hands-on activities, watching video clips and demonstrating a bit on how bullying works, you now have a better understanding of how to STOP BULLYING when you see it! Below are two handouts that will help you when you are in a heated situation. They are easy to do and a great way to make any bullying situation easily resolved.

Teacher Page

This web quest is an easy online lesson to use to teach about bullying. It should take about two days to teach this lesson to the students. This web quest includes fun, interesting and logical facts about bullying that will make a great impact on all students. It can be a touchy topic, but it is a very important topic to teach in any classroom. Students will benefit from the vast amount of knowledge they will gain and they will be able to teach their family and friends about it as well. This web quest is easily located with access to the internet from home, at school, the library, or a friends house on any electronic device whether the desktop computer, a laptop, an iPad, or even a cell phone. Web quests are fun, easy and a great way to engage students no matter if they are in general education or special education.

Standards

Sunshine State Standards:

LA.3.1.7.7, 3.2.1.6, 3.3.5.3

Description: Students will be able to introduce the concepts of bullying and violence during the time of physical education. They will learn to stop the bullying and learn how to address the issues before it gets out of hand.

Grades 3-5

Common Core Standards:

CCSS.ELA-Literacy.RI.3.1 Ask and answer questions to demonstrate understanding of a text, referring explicitly to the text as the basis for the answers.

CCSS.ELA-Literacy.RI.3.2 Determine the main idea of a text; recount the key details and explain how they support the main idea.

CCSS.ELA-Literacy.RI.4.2 Determine the main idea of a text and explain how it is supported by key details; summarize the text.

CCSS.ELA-Literacy.RI.5.7 Draw on information from multiple print or digital sources, demonstrating the ability to locate an answer to a question quickly or to solve a problem efficiently.

Grades 3-5

Credits

Common Core Standards

Google Images

Sunshine State Standards

YouTube

Websites:

1. http://studentservices.dadeschools.net/bullying/pdfs/lessons/3gr/L2_3gr.pdf
2. http://studentservices.dadeschools.net/bullying/pdfs/lessons/3gr/L3_3gr.pdf
3. http://studentservices.dadeschools.net/bullying/pdfs/lessons/3gr/L5_3gr.pdf

Other